



REV. AKTIVITETSPLAN KVJ-LANDSLAGET 2015

MÄSTERSKAP		REKOMENDERAT AKTIVITET		KVJ		KVJ		KV					
Januari	Februari	Mars	April	Maj	Juni	Juli	Augusti	September	Oktober	November	December		
V 01 1 To	1 So 1 Ma	1 So 1 Ma	1 On	1 Fr	V 23 1 Ma	1 On	1 Lö	V 36 1 Ti	1 To	1 So 1 Ma	V 49 1 Ti		
2 Fr	V 06 2 Ma	V 10 2 Ma	2 To	2 Lö 2 Ma	2 Ti	2 To	2 So 2 Ma	2 On	2 Fr	V 45 2 Ma	2 On		
3 Lö	3 Ti	3 Ti	3 Fr	TRÄNINGSLÄGER HELSINGBORG SWE	3 So 3 Ma	3 On	3 Fr	3 To	3 So 3 Ma	GP ÖIS CUP	3 Ti	3 To	
V 02 4 So 5 Ma	4 On	4 On	4 Lö	4 Ti	V 19 4 Ma	4 To	4 Lö	4 Fr	4 So 4 Ma	4 On	4 Fr		
5 Ma	5 To	5 To	5 So	5 Ti	5 Fr	5 Fr	5 So 5 Ma	5 On	5 Lö	5 To	5 Lö		
6 Ti	6 Fr	6 Fr	V 15 6 Ma	6 On	6 Lö	6 To	6 To	6 To	6 So 6 Ma	6 Ti	6 Fr	6 So	
7 On	7 Lö	7 Lö	FALKENBERG CUP	7 Ti	7 To	RUMÄNIEN BUCHAREST	7 Ti	7 Fr	7 Ma	7 On	7 Lö	V 50 7 Ma	
8 To	8 So	8 So	8 On	8 Fr	V 24 8 Ma	8 On	8 Lö	8 Ti	8 To	8 To	8 So	8 Ti	
9 Fr	V 07 9 Ma	V 11 9 Ma	9 To	9 Lö	9 Ti	9 To	9 So	9 On	9 On	9 Fr	V 46 9 Ma	9 On	
10 Ti	VÄTTER CUPEN	10 Ti	10 Fr	10 So	10 On	10 Fr	10 So	10 To	10 To	10 Lö	10 Ti	10 To	
11 So	11 On	11 On	11 Lö	V 20 11 Ma	11 To	11 To	11 Lö	11 Ti	11 Fr	11 So	11 On	11 Fr	
V 03 12 Ma	12 To	12 To	12 So	12 Ti	12 Fr	12 Fr	12 So	12 On	JVM	12 Lö	V 42 12 Ma	12 To	12 Lö
13 Ti	13 Fr	13 Fr	V 16 13 Ma	13 On	13 Lö	13 Ma	13 So	13 To	BRA	13 So	13 Ti	13 To	13 So
14 On	14 Lö	14 Lö	14 Ti	14 To	14 So	14 Ti	14 So	14 Fr	RUO	V 38 14 Ma	14 On	14 To	14 So
15 To	15 So	15 So	15 On	15 Fr	V 25 15 Ma	15 On	15 Lö	15 To	15 To	15 Ti	15 To	15 To	15 Ti
16 Fr	V 08 16 Ma	V 12 16 Ma	16 To	16 To	16 Lö	16 Ti	16 So	16 On	16 On	16 Fr	16 To	16 On	
17 Lö	17 Ti	17 Ti	17 Fr	17 So	17 On	17 On	17 So	17 To	17 To	17 Lö	17 Ti	17 To	
18 So	18 On	18 On	18 Lö	SM MALMÖ	V 21 18 Ma	18 To	18 Lö	18 Ti	18 Fr	18 So	18 On	18 Fr	
V 04 19 Ma	19 To	19 To	19 So	19 Ti	19 Fr	19 Fr	19 So	19 On	19 On	19 Lö	19 To	19 Lö	
20 Ti	20 Fr	20 Fr	V 17 20 Ma	20 On	20 Lö	20 To	20 Lö	20 To	20 To	20 So	20 Ti	20 Fr	20 So
	21 Lö	21 Lö	JSM VARBERG	21 Ti	21 To	21 To	21 So	21 Fr	21 Fr	V 39 21 Ma	21 On	21 Fr	21 Lö
22 To	22 So	22 So	22 On	22 Fr	DORMAGEN GER	22 Fr	V 26 22 Ma	22 On	22 To	22 To	22 To	22 To	22 Ti
23 Fr	V 09 23 Ma	V 13 23 Ma	23 To	23 To	23 Lö	23 To	23 So	23 On	23 On	23 Fr	V 48 23 Ma	23 On	
24 Ti	CUP KLIPPAN	24 Ti	24 Ti	24 Fr	SOFT TOUCH GÖTEBORG	24 Fr	24 So	24 To	24 To	24 To	24 Lö	24 To	24 To
25 So	25 On	25 On	25 On	25 Fr	25 Lö	25 To	25 So	25 Ti	25 Ti	25 Fr	25 So	25 On	25 Fr
V 05 26 Ma	26 To	26 To	26 To	26 To	26 So	26 Ti	26 So	26 On	26 On	V 44 26 Ma	26 To	26 To	26 Lö
27 Ti	27 Fr	27 Fr	V 18 27 Ma	27 On	27 Lö	27 On	27 Lö	27 To	27 To	27 So	27 Ti	27 Fr	27 So
28 On	28 Lö	28 Lö	28 Ti	28 To	28 So	28 To	28 So	28 Fr	28 Fr	V 40 28 Ma	28 On	28 On	28 Lö
29 To		29 So	29 On	29 Fr	29 Lö	29 To	29 Lö	29 To	29 To	29 Ti	29 To	29 To	29 Ti
30 Fr		V 14 30 Ma	30 To	30 Fr	30 Lö	30 To	30 Lö	30 On	30 On	30 Fr	V 49 30 Ma	30 On	
31 Lö		31 Ti		31 Fr	31 So	31 To	31 Lö	31 On	31 On	31 Lö	31 To	31 To	